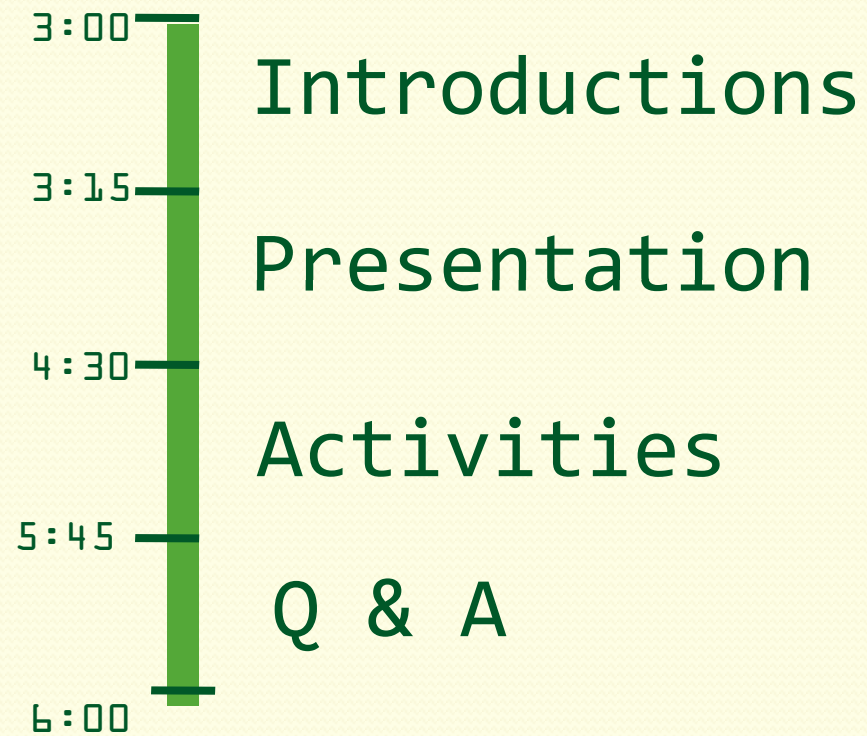
The background of the slide features a soft-focus image of green leaves in the corners, with a faint, light-colored map of the United States centered behind the text.

Intro to Urban Farming

A Hands-on Workshop

edible routes
reconnect with food

Timeline



Why Grow Your Own produce?



Why?

- ❖ Better tasting, fresh and nutritious food
- ❖ Turn waste into resource
- ❖ Cost of transportation
- ❖ Steady supply of veggies
- ❖ Good nutrition helps children
- ❖ Lower food expenditure
- ❖ Healthy exercise + outdoor activity
- ❖ Food safety and food security

How to Grow Your Own Food

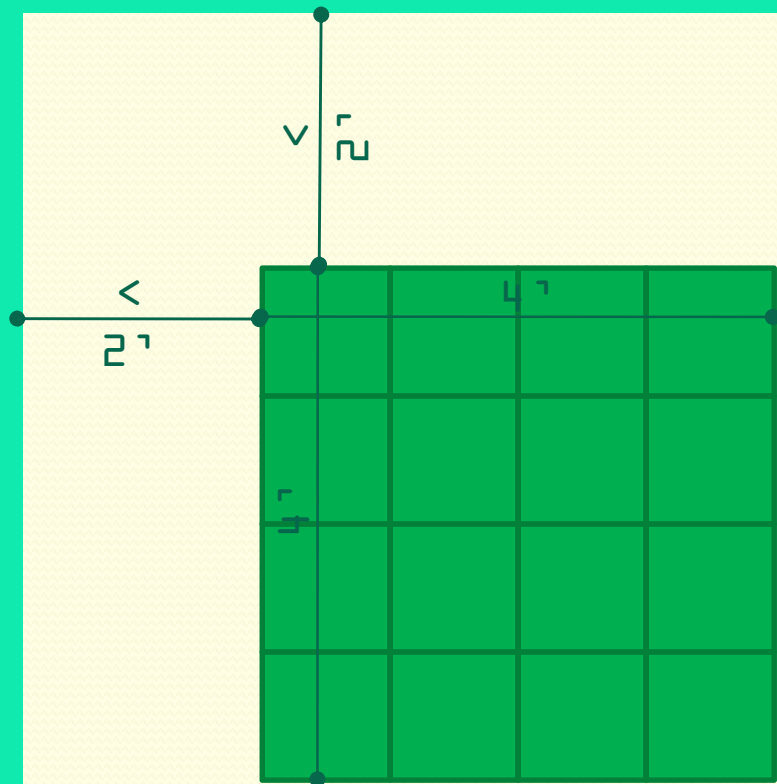


Site Selection



- ❖ Soil
- ❖ Orientation
- ❖ Shade/Competition
- ❖ Location
- ❖ Drainage of water

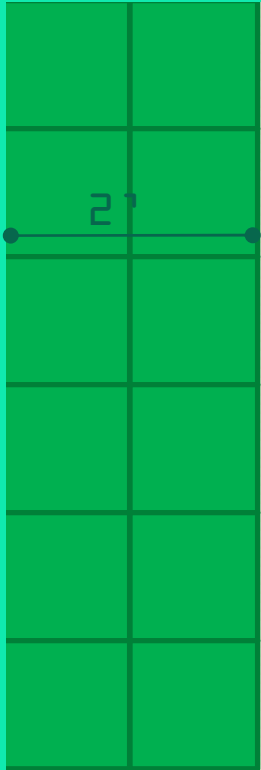
Planning the Garden



- ❖ Layout
- ❖ Boxes
- ❖ Spacing
- ❖ Grid



Planning the Garden



- ❖ Select
- ❖ Plant
- ❖ Water
- ❖ Harvest



Gardening Tools



- ❖ Spade/Hoe/Rake/Trowel
- ❖ Garden cart/Rototiller
- ❖ Hoes, Nozzles & Sprinklers
- ❖ Spading Fork, Manure Fork

You don't need most of these. All you need is a trowel, watering can and scissors.

Further Possibilities



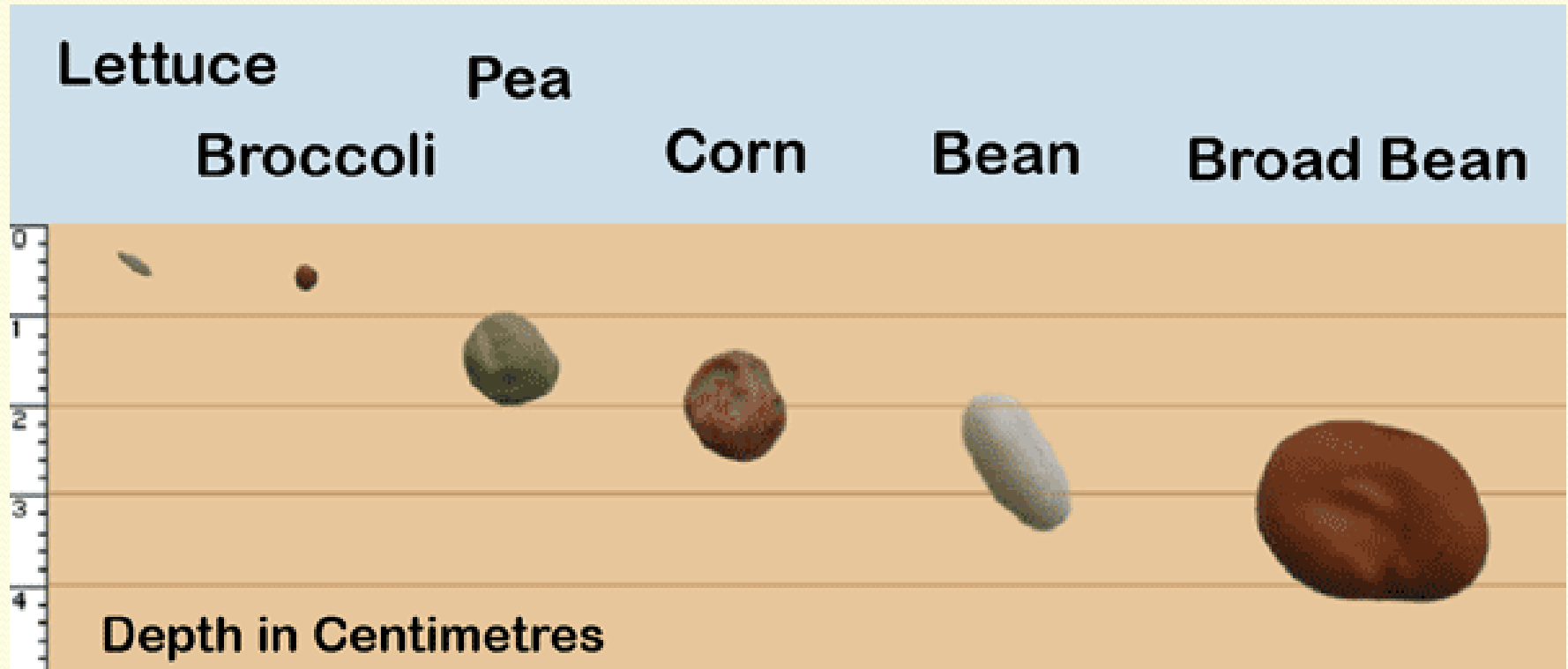
edible routes
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Seeding & Spacing



- ❖ Close spacing
- ❖ Station sowing
- ❖ Conserve seeds
- ❖ Germination
- ❖ Pre-soaking
- ❖ Time to Sprout

Seeding & Spacing



Timing of Plantings



- ❖ Crop rotation
- ❖ Grow seasonally

Companion Planting

- Time
- Space



Fertilizing/Composting



- ❖ What is Compost?
- ❖ How to make Compost?
- ❖ Variety
- ❖ Do's & Don'ts
- ❖ Maintenance

Irrigation



- ❖ By hand
- ❖ Drip
- ❖ Sprinkler

Weed Control



- ❖ Weed-mat
- ❖ Potting Mix
- ❖ Station Sowing

Insect & Disease Control



- ❖ Grow Seasonally
- ❖ Work proactively,
not reactively
- ❖ Few Options:
 - Chilly-Garlic Spray
 - Buttermilk
 - Cow Urine
 - Neem and other wild plants

Harvesting



- ❖ Harvest Timely
- ❖ Add compost
- ❖ Replant & Rotate

Advanced Techniques

- ❖ Plant supports
- ❖ Composting
- ❖ Drip irrigation
- ❖ Transplant production
- ❖ Seed saving
- ❖ Homemade pest-control
- ❖ Protection

Our Services

- ❖ Annual Membership
- ❖ Site Visit
- ❖ Design
- ❖ Install/Setup
- ❖ Maintenance
- ❖ Compost Program
- ❖ Consultancy
- ❖ Teach/Workshops
- ❖ School Gardens
- ❖ Corporate Gardens
- ❖ Office Gardens

Our Products



- ❖ Organic Planting Mix
- ❖ Biodynamic Compost
- ❖ Gardening Tools & Supplies
- ❖ Flower & Vegetable Seeds
- ❖ Organic Fertilizer
- ❖ Pest & Disease Control
- ❖ Organic & Forestry Produce

About Us

Edible Routes provides professional planning and design services as well as implementation and management of farms and gardens.

Edible Routes brings its successful strategies to your home, community or farm by providing step-by-step guidance for planning, designing, building and managing organic farms and gardens.

Edible Routes offers a consultative training program to teach you how to manage your own farm operation.

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